

Teaching: "The joy we have in Christ Jesus"

Joy is a fruit of the Spirit. (We have it, within us)

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance: against such there is no law, [Galatians 5:22-23](#).

Scripture instructs us to be joyful.

- Rejoice in the Lord away: *and* again I say, Rejoice, [Philippians 4:4](#).
 - Rejoice evermore, [1st Thessalonians 5:16](#).
 - The book of Psalms tells us to rejoice in the Lord multiple, multiple times.
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Our joy is found within knowing Christ Jesus.

- Rejoice not, that the spirits are subject unto you; but rather that your names are written in heaven, [Luke 10:20](#).
 - By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God, [Romans 5:2](#).
 - For the kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost, [Romans 14:17](#).
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Joy is an inner quality.

- No one can take your joy away from you, but you.
 - Beloved, I wish above all things that thou may prosper and be in health, even as thy soul prospers, [3rd John 1:2](#).
 - When we are not in joy, it becomes a perpetual downward slope.
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Therefore give God the sacrifice of praise, [Hebrews 13:15](#)